



UNIONE EUROPEA



REGIONE PUGLIA



POC PUGLIA 2014/2020 | ASSE VI - AZIONE 6.8

POC-Additional Operative Programme Puglia 2014-2020 – Axis VI – Measure 6.8

Fam trip for trade

Puglia On the Road. Keyword: Adventure
From September 22 to September 26, 2025



Five days of excursions following the slow rhythms of nature, to regenerate body and spirit while enjoying breathtaking landscapes. A unique opportunity to discover Puglia and its offerings, meet industry operators, and explore services and hotels.

Day 1

Arrival in Bari. Transfer to the hotel.

Afternoon tour of **Mola di Bari**, with site inspections. Greetings from Pugliapromozione and briefing with operators.

Welcome dinner.

Day 2

Tour of the **Foresta Umbra** and **Vieste**.

The journey begins towards the Foresta Umbra to admire the ancient beech forest, a UNESCO World Heritage site. In the heart of the Gargano National Park, we'll meet with local operators who will guide you through the various trails. We'll continue with a Jeep or bike excursion to explore the centuries-old woods and the 10 km of torrent canyons.

In Vieste, where you will visit a beautiful town along a stretch of coastline rich in beaches, *trabucchi* (traditional fishing huts), and coastal towers. Site inspections are scheduled during this visit.

PugliaPromozione

www.agenziapugliapromozione.it

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Day 3

Tour of **Rodi Garganico, Lake Varano, and Cagnano Varano.**

The day starts with a boat tour from Vieste, guided by a skipper, to discover the coastal caves and the beaches that are inaccessible by land. After the boat tour, continue towards Rodi Garganico for a seaside aperitif, featuring local seafood products. Following this, meet with local operators to discuss water sports along the Gargano coast, before heading to the next destination: Lake Varano.

From there, embark on a hike along a trail that runs high along the southern shore of Lake Varano, leading to the Grotta di San Michele Arcangelo in Cagnano Varano, an ancient and evocative place of worship. The trail continues in a loop, passing an ancient sheep track surrounded by dry stone walls, offering breathtaking views of Lake Varano and the Tremiti Islands.

At the end of the excursion, we'll meet local operators.

Additional site inspections are scheduled.

Dinner and overnight.

Day 4

Tour of **Lucera and Panni.**

From Gargano, we'll head towards the Monti Dauni to reach Lucera, a town with a rich historical center. Here, meet with local operators to learn about the glamping opportunities in the surrounding forest. The adventure intensifies with the "Triathlon"—an adventurous course through the trees in the Lago Pescara Natural Area.

Enjoy a picnic in the woods for a quick lunch break, savoring traditional flavors, followed by site inspections.

The day continues with a unique experience in Panni. A thrilling paragliding session at sunset is planned upon availability and weather, or an adventurous afternoon with tree-top obstacle courses, a climbing tower, and archery.

Dinner and overnight.

Day 5

Breakfast and departure.

Please note that breakfast will always be served at the hotels. For lunch, an aperitif in scenic locations is offered according to the various stops on the tour. Dinner will always take place at a restaurant in the overnight location.

*The itinerary may undergo changes depending on flight schedules, weather conditions, and time availability. The tour may be reversed in the order of visits for logistical reasons.

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